

HN330 – Unit 2 Assignment

Student Name:

Summary of Barriers		Community Resources	How Resources Will Benefit Client
Micro	<p>1. Sarah has previously been diagnosed with depression and reports feelings of “helplessness.”</p>	<p>Name of Resource: Carolina Partners in Mental Health Services</p> <p>Type of Service Provided: Professionals provide services focused on mental health, nutrition, health and general wellness. Individual and group services are provided.</p> <p>Website or phone number: https://www.carolinapartners.com/</p>	<p>1. A psychiatric evaluation could address depression and feelings of helplessness. This agency could also provide medication management, if necessary.</p>
Meso	<p>1. Sarah has five young children and feels overwhelmed in caring for them.</p>	<p>Name of Resource: Family Place of Transylvania County</p> <p>Type of Service Provided: Activities are provided for parent education, training and support. There are also playgroups and support groups for parents and children.</p> <p>Website or phone number: (828) 883-4857</p>	<p>1. Sarah could begin attending support groups and playgroups with other parents. Employees at this agency (Human Service workers and Educators) and other parents will provide additional resources for support in caring for her young children. This agency also provides monthly parent education programs that could help Sarah better manage parenting her young children.</p>

<p>Macro</p>	<p>1. One of Sarah's children has a diagnosed disability but has been denied services.</p>	<p>Name of Resource: FIRST Resource Center</p> <p>Type of Service Provided: This agency helps parents participate effectively in their children's education and development. It also partners with professionals and policy makers to improve outcomes for all children with disabilities</p> <p>Website or phone number: https://www.firstparentcenter.org/</p>	<p>1. This agency will link Sarah with an advocate who can help to determine what services her child is entitled to. The professional will also educate Sarah on her child's rights and will help her to advocate for her child.</p>
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Conclusion and Personal Reflection