

Unit 9 Assignment Case Study: Colon Cancer

John is a 45-year-old, 6-foot-tall African American male with a BMI of 30 and he is in real estate business. John likes to have a drink after work to unwind, as well as go out with friends to a bar on weekends. John has approximately 20 drinks per week.

At the doctor's office during a regular checkup, he reports feeling tired at work, a change of bowel habits over the past 2 months, and occasionally has blood in his stool. He has a family history of colon cancer; his father had colon cancer, but has managed it through treatment and is alive and doing well.

The physician sends him for a colonoscopy after a sigmoidoscopy. He is told after the procedure that a suspicious mass is detected and a biopsy and CT scan are needed to confirm the diagnosis. John is nervous and asks the doctor about the treatment options, prognosis, and if it will cause permanent infertility.