NU104

Evidence Based Practice Paper

In this paper you will examine the nurse’s role in promoting health and wellness for patients across the lifespan and the use of evidence based practice in planning care. In the first part of this paper, you will discuss the roles and responsibilities of the nurse in relationship to health promotion, risk reduction and disease management. In the second part, you will discuss the disease and use evidence from scientific literature to support your conclusions for care of the patient. You can choose one disease and apply it to two different age groups, or two diseases that affect different age groups. You will use at least three evidence-based resources to support your work, at least one must be a peer-reviewed journal article.

Directions:

1. All of your work must be supported with evidence using multiple resources. Acceptable resources include your textbook, peer-reviewed journal articles, practice guidelines and information from experts in the field such as organizations like the American Heart Association or American Nurses Association.

2. This paper should be 4-5 pages length, not including the title and reference pages.

Part 1:

Discuss the responsibilities of the nurse related to health promotion, risk reduction and disease management. The incorporation of evidence-based practice is a professional responsibility; explain the benefits and strategies for its use. Give examples and details.

a) How does the nurse use the nursing process to plan care to promote health, risk reduction and disease management?

b) Explain the benefits of using evidence-based practice in planning nursing care.

c) Discuss strategies for including evidence-based practice in planning nursing care.

Part 2:

Choose one disease from any of the units in this course (or two diseases that impact two age groups) and compare the evidence-based pathophysiology, diagnosis, risk factors and treatment as applied to patients of different age groups. You must use evidence from appropriate resources to support your conclusions on care for patients of different age groups.

a) Explain the pathophysiology and etiology of the disease(s), including impact of age.

b) Examine the impact of age on risk factors.

c) Differentiate between the diagnostic processes for the two age groups.

d) Compare the treatment of the disease(s), based on age, using scientific, evidence-based information.
e) Explain how the nurse uses the evidence-based information to manage care, reduce risk factors, and collaborate on the diagnostic and treatment processes of the disease(s). Discuss how age of the patient impacts care of the patient.

APA Guidelines

1. Use APA style formatting guidelines:
   a) Include proper APA citation of at least three evidence-based resources to support your work, at least one must be a peer-reviewed journal. Web sources or other sources will not solely suffice. Your paper should demonstrate exceptional content, organization, style and mechanics.
   b) The paper should include a clearly identifiable thesis statement and discuss a minimum of three points which support the thesis. For this assignment, your thesis should be related to the treatment of the disease(s) you have identified.
   c) The paper should be very well-ordered and each paragraph must have a strong internal organization. Transitions between and within paragraphs should be clear. Your writing style should be appropriate to the assignment, fresh (interesting to read), accurate, (no far-fetched, unsupported comments), precise (say what you mean), and concise (not wordy).
   d) Include a title page and reference page and make sure your writing is free of serious errors. Grammar, punctuation, and spelling should help to clarify the meaning of your paper by following accepted Standard English conventions.
   e) Citations must follow APA guidelines. Remember: You must cite at least one peer-reviewed journal article from the online Kaplan library, and use a total of three evidence-based resources.
   f) Resources for APA and writing help:
      Kaplan Writing Center (link found in the Student Portal)